



ABINGDON

HOUSE SCHOOL

Teletherapy

Telehealth, or teletherapy as we will call it, is the remote provision of healthcare services using technology (www.RCSLT.org - Telehealth Guidance). Teletherapy can be used as a way of delivering therapy to children or adults. Direct links for detail information for Allied Health profession - <https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/letter-supporting-ahps-19-march-2020.pdf>

Physiotherapy-<https://www.csp.org.uk/news/coronavirus/remote-service-delivery-options/digital-tools-support-service-delivery>

Occupational Therapy -<https://www.rcot.co.uk/news/scope-practice-things-consider-during-covid-19>

Speech and Language Therapy - <https://www.rcslt.org/members/delivering-quality-services/telehealth/telehealth-guidance#section-2>

The therapists will be using a video conferencing platform (Google Hangout/Meet) to deliver teletherapy sessions. You will be sent an email containing a meeting invitation. When you click on this link you will be prompted to download the necessary application to your device.

In order to access teletherapy you will need:

- A computer or laptop connected to the internet.
- Although you can access the video conferencing app via a mobile phone this is not ideal. Anti-spyware and antivirus protection should be used on your device.
- A reliable internet connection (consider using an ethernet cable if your Wi-Fi is not reliable).
- Ensure you have secure internet access using security avoiding public wifi. A parent or adult will have to be present to accept the video or phone call.
- To ensure your child is sat comfortably, at a table if possible.
- A quiet room where you will not be interrupted.
- The therapist will join the call 5 minutes before the start of the session. If you have not joined the call after 15 minutes, the therapist will discontinue the session and your child's next session will be the following week. Please contact your child's therapist immediately if you encounter difficulties joining the call.
- You may be sent resources for the session beforehand, please make sure you have these to hand.
- You may be asked to provide some of your child's own toys for activities.
- Your therapist will communicate before the session to give you time to prepare.
- Clinical outcomes from the video or phone call will be recorded and stored in your child's clinical record.

Declaration of Consent:

I understand that there are potential risks involving technology, including but not limited to: internet interruptions, unauthorized access and technical difficulties.

I understand that technical difficulties with hardware, software, and internet connection may result in service interruption and that the therapist is not responsible for any technical problems and cannot guarantee that services will be available or work as expected.

I understand that I am responsible for information security on my computer and in my own physical location.

I understand that I am responsible to ensure privacy at my own location so that individuals who are not involved in the therapy session cannot hear our conversation (people who may also be involved in the session include parents, siblings and other carers).

I understand I may withdraw my consent for teletherapy at any time by contacting my child's therapist.