

Elvastone Place

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Chicken & Tomato Pasta Bake
(G/W)

S

Black Bean Chicken
(CE, SO, G/B, W)

S

Lemon & Herb Roast Chicken with Mild Piri Piri Mayo
(E)

Philly Cheese Steak Mac & Cheese
(MK, G/W)

Fish Fingers or Salmon Fishcake & Chips
(F, G/W)

VEGGIE



Three Cheese Pasta Bake
(MK, G/W)

Black Bean Quorn
(CE, MU*, SO, G/B, W)

V S

Plant Based "Chickn" Pitta
(MU*, SO, G/W)

V

Mac & Cheese
(MK, G/W)

Vegan Nuggets & Chips
(G/W)

V

SIDES



Chef's Salad

V S

Egg Fried Rice & Stir Fried Greens
(E, SO, G/W)

S

Spiced Rice & Grilled Corn

V

Garlic Bread & Green Salad
(MK*, SO*, G/W)

S

Beans or Peas

V S

PASTA & JACKET



Mac & Cheese
(MK, G/W)

Jacket Potato with a Choice of Fillings
(E, F, MK)

Tomato & Basil Pasta
(G/W)

V S

Jacket Potato with a Choice of Fillings
(E, F, MK)

Vegan Roasted Vegetable Pasta
(G/W)

V S

PUD



Banana & Berry Loaf Cake
(E, MK, SO*, G/W)

S

Caramel Apple Crumble with Custard
(MK, G/W)

Selection of Mousse Pots
(MK, SO*)

Homemade Chocolate Cookie
(E, G/W)

Ice Cream & Peaches
(MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

ALLERGENS

13 APR / 04 MAY
01 JUN / 22 JUN / 13 JUL

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG








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WEEKLY MENU

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WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 	Pepperoni Pizza (CE*, E*, MK, MU*, SO*, G/W)	Yakatori Chicken Noodles (E, SO, G/W)	Butcher's Sausage with Mashed Potato & Gravy (MK, SU, G/W)	Jerk Chicken	Battered Fish or Salmon Fishcake & Chips (F, G/B*, W)
VEGGIE 	Detroit Style Margherita Pizza Slice (MK, G/W)	Sweet Chilli Roasted Vegetable Noodles (E, SO, G/W)	Veggie Sausage with Mashed Potato & Gravy (E, MK)	Jerk Quorn (G/W)	Vegan Nuggets & Chips (G/W)
SIDES 	Homemade Potato Wedges & Sweetcorn V S	Stir Fried Greens V S	Seasonal Greens V S	Rice & Peas V S	Beans or Peas V S
PASTA & JACKET 	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Basil Pasta (G/W) V S	Jacket Potato with a Choice of Fillings (E, F, MK)	Vegan Roasted Vegetable Pasta (G/W) V S
PUD 	Chocolate & Orange Beetroot Brownie (E, MK, SO, G/B*, W) S	Chocolate Shortbread Biscuit (G/W) V	Fruit Yoghurt (MK)	Lemon Drizzle Cake with Lemon Sauce (E, MK, SO*, SU, G/W)	Mixed Fruit Jelly V

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

20 APR / 11 MAY
08 MAY / 29 JUN / 20 JUL

ALLERGENS

CE = CELERY F = FISH G/O = OATS L = LUPIN MU = MUSTARD SO = SOYA * = MAY CONTAIN
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WEEKLY MENU

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MONDAY

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THEME DAYS

MAIN



BBQ Chicken Fajitas
(G/B*, O*, R*, W)

S

Beef & Lentil Spaghetti Bolognese
(G/B*, W)

S

Chicken Tikka Kebab with Pitta
(G/W)

S

Mild Goan Chicken Curry
(CE, G/B*, O*, R*, W*)

S

Fish Fingers or Salmon Fishcake & Chips
(F, G/W)

VEGGIE



Baked Cajun Chickpea & Pepper Fajitas
(MU, G/B*, O*, R*, W)

V S

Roasted Vegetable & Lentil Spaghetti Bolognese
(G/B*, W)

V S

Tandoori Vegetable Bake
(CE)

V S

Vegetable Tikka Kebab with Garlic Naan
(G/B*, O*, R*, W)

V S

Vegan Sausage & Chips
(G/W)

V

SIDES



Vegetable & Bean Rice
(CE)

V S

Chef's Salad

V S

Rice & Rainbow Slaw
(E)

S

Steamed Rice & Broccoli

V

Beans or Peas

V S

PASTA & JACKET



Mac & Cheese
(MK, G/W)

V S

Jacket Potato with a Choice of Fillings
(E, F, MK)

V S

Tomato & Basil Pasta
(G/W)

V S

Jacket Potato with a Choice of Fillings
(E, F, MK)

V S

Vegan Roasted Vegetable Pasta
(G/W)

PUD



Fruit Jelly

V

Summer Fruit Crumble & Custard
(MK, G/W)

S

Iced Vanilla Sponge
(E, MK, SO*, G/W)

Homemade Chocolate Cookie
(E, G/W)

Orange & Chocolate Marble Cake
(E, MK, SO*, G/W)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT



DATES

27 APR / 18 MAY
15 JUN / 06 JUL /

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